

Paradise Sound Meditation

with Miles Nichols and Joe Kershner



Qigong.ParadiseER.com



LEARN YI QI MEDITATION — EXPERIENCE SOUND HEALING — FREE EVENT

Sunday April 10th
From 4:30 - 6:00 pm
Naropa Paramita Campus
3285 30th St. Virya Room
Use Classroom Entrance
Free — Donation Based
Miles@ParadiseER.com

- Boost Immunity
- Deepen Relaxation
- Expand Consciousness
- Open the Heart
- Experience Bliss
- Awaken the Spirit

Join Miles Nichols and Joe Kershner for an uplifting immersion in the healing vibrations of tibetan and crystal bowls, didgeridus, chanting, toning and more. Experience deep, profound relaxation, joy, and bliss!

Sound Healing Experience • Synchronize Body and Mind • Expanded Being • Yi Qi Meditation